IV Vitamin C, Patient Checklist

The following guidelines must be followed precisely to complete the mercury removal process. If you have any questions, please contact our office.

1) Sign consent forms at Health Centered Dentistry
2) Call and make an appointment with your regular family physician. If you do not regularly see a physician, contact our front office for a referral. We work with several health practitioners and would be glad to refer you.
3) At your appointment, inform your physician you are in the process of scheduling for mercury removal and need an IV-C prescription. Provide your physician with the IV-C prescription form provided in this packet. This form is NOT for your use. Physicians are instructed to return prescription form via fax before your removal appointment.
   a. **Plan this appointment ahead of time.** Your physician may need to do additional testing before you are a candidate for this appointment.
   b. If you do not see a physician on a regular basis, do not schedule your mercury removal appointment until you have an IV Vitamin C prescription.
4) IV Vitamin C appointments are coordinated with Pat Hayes, R.N., the nurse that will administer the IV-C.
   a. Mercury removal appointments with IV-C are scheduled as a 2-3 hour appointment. **Plan to be here for 2-3 hours.** This does not mean your treatment will be 2-3 hours long, but it takes 2-3 hours to administer IV-C from start to finish.
   b. The scheduling coordinator will confirm your appointment time with Pat Hayes, R.N. The fee for IV-C is $250 to be paid by cash or check at the time of service.
   c. Your appointment time will be confirmed two days prior to the date. If you need to cancel your appointment, you must provide 48 hours' notices. Failure to do so will result in a $250 cancellation fee.
5) We understand that coordinating multiple parties for one appointment can be very involved. However, it is your responsibility to make sure Health Centered Dentistry has received your IV-C prescription before your appointment. If the prescription is not provided before your appointment, you may be subject to a cancellation fee unless communicated in a timely fashion.

Thank you for letting us be a part of this process with you. We look forward to seeing an improvement in your health and smile.

**Enclosures:**

- IV Vitamin C Patient Checklist
- Amalgam, Nonprecious Metal Removal Informed Consent
- Safe Amalgam Removal Brochure
- Physician Vitamin C Recipe Intake Form
- Role of Vitamin C in Dental Amalgam Removal
- Vitamin C Flush Procedure
- Nutritional Supplement Recommendations
- Mercury Health and Nutrition by Sandra C. Denton, M.D.

Updated 6/22/2015